

SIP PORT REPORT APRIL 2018

YOUR FUTURE, YOUR AGED CARE

SiP is discussing the role of older people as advocates for positive ageing, age friendly communities and developing a responsive aged care service system to support independence of older people in their communities, with staff from the City of Greater Geelong. If you have any ideas on the important community roles older people could play in their futures please contact SiP President, Jenny Wills at jeni.wills@bigpond.com or on 5259 2932.

RESPIRE CARE

At the request of a SiP member, we have sought clarification from Arcare Portarlington on the availability of and eligibility for respite care. Respite care is an essential service for older people and their carers/families to ensure that older people can continue to live in the community. Demand for this service locally will probably grow as the population increases and people live longer.

\$100 MYKI PRIZES IN NEW "USE IT or LOSE IT" BUS CAMPAIGN

On Tuesday April 10 the next phase of the campaign to retain and improve the local bus service: " Use It or Lose It", was launched in Portarlington to the accompaniment of the Portarlington Ukelele Kollektive.

Public transport is very important for older people and for accessible age friendly communities. For this reason, SiP is a strong supporter of the work of the campaign group, Northern Bellarine Transport Action Group. NBTAG works in partnership with the Healthy Communities Team from Bellarine Community Health and this latest campaign initiative is funded by a grant from the City of Greater Geelong.

Residents from Portarlington, Indented Head and St.Leonards are being asked to swap the car for the bus, for 4 trips during April and May. Those who make the switch will go in the draw for myki cards valued at \$100.

If you haven't already signed up you can do so at the NBTAG pop up campaign stall outside the Portarlington supermarket on Tuesday April 17 from 10am-12 noon or you can email healthycommunities@bch.org.au

SiP's next general meeting is on April 24, where we will have a guest speaker from Cherished Pets- a local organisation which can help you continue to enjoy your pet as you age. We will also provide you with an update on our conversation with CoGG. Venue: Bayview Room, rear Parks Hall, 2pm. Tea/coffee/biscuits provided. Bring a friend!

To contact SiP – www.stayinginportarlington.com or email stayinginportarlington@gmail.com or write to us: PO Box 394 Portarlington 3223

Jenny Wills - President